

Pattern for crocheted Trauma Teddies®

Important: For additional instructions on how to sew up and complete a Trauma Teddy® please use this pattern in conjunction with the Teddy instructions published on our website.

Crochet hook

Size **3mm** and **8** ply yarn (acrylic or wool). This pattern is worked in continuous rounds of double crochet without seams. Make sure the fabric is firm and you can't see any filling between the stitches.

Legs and shorts

3 chain, **6** double crochet into the **2nd** chain stitches.

2 dc into each stitch = **12** dc.

2 dc into first st, **1** dc into next.
Repeat **6** times = **18** dc.

Work **9** more rounds.

Change colour for shorts and work **5** rounds.

Cut yarn leaving **20** cm tail for sewing up.

Make another leg to match then join both legs working **36** dc around body for **6** more rounds, finishing at the side.

Shirt and arms

Change colour for shirt and work **6** rounds.

At the side chain **10**, miss **1** ch, dc into next **9** ch and work **18** dc across body. Repeat for other side.

Work **9** dc on underside of sleeve. Continue working dc along both sides of sleeves and body for **6** rounds altogether, finishing at neck edge.

Leave a tail for sewing up.

Head

Change colour and work **18** dc across front and **18** across back (**36** dc) for **13** rounds.

Sew tops of sleeves, leaving top of head open for filling.

